



MARCH 2021

Low-Fat and Fat-Free Milk
are Offered with All Meals

Menu is Subject to Change

Shenandoah High School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Chicken Fajita
Refried Beans
Baja Veggie Mix
Baby Carrots
Pineapple, Fresh Fruit
Tostitos
Choice of Milk

2
Chicken Nuggets
Mashed Potatoes & Gravy
Green Beans
Fresh Veggie Mix
Peaches, Fresh Fruit
Dinner Roll
Choice of Milk

3
Hot Dog on a Bun
Baked Beans
Cucumber Slices, Broccoli & Carrots
Pears
Fresh Fruit
Baked Chips
Choice of Milk

4
NO
SCHOOL

5
NO
SCHOOL

8
Philly Steak Melt
French Fries
Fresh Veggie Mix
Applesauce, Fresh Fruit
Pudding
Choice of Milk

9
Chicken Noodle Casserole
Steamed Peas
Baby Carrots
Apricots
Fresh Fruit
Apple Crisp
Choice of Milk

10
Corn Dog Nuggets
Baked Beans
Lettuce Salad
Fresh Broccoli & Cauliflower
Mandarin Oranges, Fresh Fruit
Animal Crackers
Choice of Milk

11
Beef & Noodles
Mashed Potatoes
Fresh Veggie Mix
Pears
Fresh Fruit
Dinner Roll
Choice of Milk

12
Grilled Cheese
Tomato Soup
Or
Chicken Noodle Soup
Lettuce Salad
Celery & Peanut Butter
Peaches, Fresh Fruit
Choice of Milk

15
Pizza
Green Beans
Lettuce Salad w/Cherry Tomatoes
Orange Wedges
Fresh Fruit
Choice of Milk

16
Sloppy Joe on a Bun
Tri-Tator
Baby Carrots
Bell Pepper Strips
Peaches
Fresh Fruit
Choice of Milk

17
Chicken Tenders
Broccoli & Cheese
Cucumber Slices, Baby Carrots
Applesauce, Fresh Fruit
Poke Cake
Choice of Milk

18
Potato Bar
Tossed Salad w/Spinach
Fresh Veggie Mix
Grapes
Fresh Fruit
Garlic Bread
Choice of Milk

19
Shrimp Poppers
Baked Beans
Lettuce Salad
Fresh Veggie Mix
Pineapple, Fresh Fruit
PB Sandwich
Choice of Milk

22
Grilled Chicken Sandwich
Seasoned Baby Bakers
Lettuce & Tomato Slice
Fresh Veggie Mix
Pears, Fresh Fruit
Choice of Milk

23
Orange Chicken
Rice Pilaf
California Blend Vegetables
Baby Carrots, Cucumber Slices
Mandarin Oranges, Fresh Fruit
Fortune Cookie
Choice of Milk

24
Hamburger on a Bun
French Fries
Corn
Broccoli, Carrots & Pepper Strips
Peaches, Fresh Fruit
Choice of Milk

25
Lasagna
Steamed Carrots
Lettuce Salad w/Cherry Tomatoes
Strawberries
Fresh Fruit
Garlic Bread
Choice of Milk

26
Garlic Cheese French Bread
Green Beans
Lettuce Salad w/Spinach
Applesauce
Fresh Fruit
Go Gurt
Choice of Milk

29
Beef Tacos w/Toppings
Spanish Rice
Corn
Baby Carrots & Broccoli
Apricots
Fresh Fruit
Choice of Milk

30
Meatball Sub
Waffle Fries
Lettuce Salad
Fresh Veggie Mix
Pineapple, Fresh Fruit
Jello
Choice of Milk

31
Pizza
Green Beans
Spinach Salad Mix
Mixed Berries
Fresh Fruit
Animal Crackers
Choice of Milk

This Institution is an Equal Opportunity Provider

